

### PRESIDENT'S MESSAGE

Welcome back folks,

My name is **Bill Werthmann** and I took over as President of the **Royal Gardens** Community League (RGCL) Board in early June. I am one of many volunteer board members (see board members on next page) who you will hear from in the coming weeks and months to share our vision of what our community may offer in the post-Covid era, the re-launch of this community newsletter being one of those visions. We have begun a number of initiatives already and look forward to the opportunities and challenges that will present themselves moving forward. Already, many residents, neighbours, friends, businesses and agencies have reached out to share ideas, projects and proposals with us so if you have something to share, we look forward to hearing from you. Enjoy the fall and we look forward to meeting you at the park, in the garden or on the street. Be a good neighbour..... say hello.

RGCL will be celebrating Community League Day on Saturday, September 18th from 1:00 to 5:00 p.m. This free event will provide an opportunity for you to learn more about the league and to connect with your community. Please join us at Royal Gardens Park (beside the community hall) for lawn games, live music, and family friendly activities! The Fox Burger food truck will be on site to satisfy your appetite. <u>Volunteers are needed</u> so if you'd like to be more involved contact rgcl.events@gmail.com.

*Membership*: We're very happy to offer **RGCL** members a number of benefits, at a reduced rate this year - \$30.00 /family and \$20.00 / single. Your fees directly contribute to the community itself, helping to stage events such as Community League Day this September and entitle you to many amenities offered by RGCL including free skating, sports on a community team, and use of basketball and tennis courts. Joining or renewing your membership ensures you Canturberry Family Services is a non-profit will have a voice on community issues, programs and services.

Sign up or renew your at efcl.org or see you at Community League Day on September 18th!

Your membership includes discounts at:

City of Edmonton sports and fitness facilities

Rental rates for community league hall

A variety of local business (see EFCL.org/membership-purchase)

Courses at Technology Training Centre at the University of Alberta

This **RGCL** Newsletter made possible in part by.....

# Review.

The Official newsletter for the

**Royal Gardens Community League** 

## Interested in.....

Hall Rental.....

rgcl.hallrental@gmail.com

Volunteering.....

rgcl.president@gmail.com

rgcl.secretary@gmail.com

Sponsorship.....

rgcl.treasurer@gmail.com

Membership.....

rgcl.membershipdirector@gmail.com

Community Events.....

rgcl.events@gmail.com

Social Media.....

rgcl.communications@gmail.com

Community Garden.....

rgcl.garden@gmail.com

Join the *Edmonton Arts Council* for a **Parade** on October 9th! The parade starts at Royal Gardens Park at 1:00 p.m. and you're invited to participate! Wear a wacky costume or decorate your bike. Visit edmontonarts.ca for updates and information.

organization that provides RGCL families with low cost Educational Out of School programing at Royal Garden's community hall, servicing Westbrook and Richard Secord Schools. Register at yegeducational-programs@gmail.com or call 780-964-1310

**Zumba with Cheryl** - make sure you don't miss this popular program, contact Cheryl at cl.powell@live.ca for upcoming announcements. Classes at the hall will be Monday evenings @ 5:45. Your first class is FREE so come see what it's all about. For details visit www.cherylpowell.zumba.com or facebook @ Zumba Fitness with Cheryl Powell.

MIMI'S PUB

**GOOD FOOD - GOOD CHEER - GOOD TIMES** 

Bring this newsletter in before Dec 15 and receive a 20% discount on a New Yorker or Margherita Pizza

**RGCL Ladies Fitness Programs** - Led by a certified instructor, programs are offered at the hall (September through June). Two class options are offered on Monday, Wednesday and Friday each week, in an atmosphere of fun and friendship. All ages are welcome – from 18 to 80+! A Community League membership is required. Fall sessions begin September 27th.

You are welcome to join us for a free sample class of your choice! For more information, including our flexible and accessible fee structure, please contact Ruth Rampling at 780-435-6535

9:00 to 9:45 a.m. – Sit and Be Fit - focuses on gentle movement and stretching, using chairs for stability. With the use of music, this class is designed to improve strength and flexibility for all fitness levels, with options to suit any limitations. Aimed for people with balance and movement challenges.10:00 to 11:00 a.m. – Aerobics - is designed, using music, to enhance coordination, memory and aerobic fitness. Also included are components to improve strength, balance and flexibility. The program includes options for all fitness levels.

**Pickleball** is a social activity for all ages and athletic ability levels, with simple rules that make it easy to learn and fun to play. It borrows from badminton, tennis and table tennis and is the fastest growing sport in North America. **Edmonton Pickleball Club (EPC)** is open to anyone over the age of 18 from beginner to advanced. Weather depending, our season usually runs May to early October at the **Royal Gardens** courts. We have 6 permanent courts and 4 temporary ones set up on the tennis/pavement side. Registration information can be found at edmontonpickleballclub.org (click JOIN-RENEW). Membership is \$80 and entitles you to play unlimited times during the summer

Edmonton Minor Soccer Assoc (EMSA) runs a community indoor and outdoor soccer program through each city zone (SE, SW, NE NW) and RGCL is a part of SWEMSA. Greenfield Community League has registered Royal Gardens families into their community for ages 5-18 year round since Royal Gardens has not had it's own soccer director or program for several years. The indoor program is organized by SWEMSA directly and the outdoor program is based out of each community with registration beginning in February of each year. A typical season runs May/June/July. Royal Gardens has a small but usual volume of soccer registrants every year. It would be wonderful to develop this community program even more. For information or questions contact, soccerinfo@greenfieldcommunityleague.com



Our *Youth Group* continues to be a vital part of our community and through the Covid pandemic has been a shining example of how, through continued outdoor activities, community can not only exist but can thrive and grow. Walk by the community hall on any evening and watch these kids enjoying each other's company on the basketball courts and hanging out on the 1st of 3 new benches built by the efforts of their own hands, with building materials supplied by **The Medicine shoppe at Petrolia Mall**.



The **Royal Gardens** *Community Garden* was established in 2019. We currently have 20 boxes for rent at \$30 per season, along with raspberries, herbs, and rhubarb to share with community visitors, and hopefully our apple and plum trees and cherry bush will soon be producing fruit for sharing. If you have any questions or are interested in renting a garden box, please contact us at rgcl.garden@gmail.com. We have a waiting list that is growing so the sooner you contact us the better!

#### OUR VOLUNTEER BOARD

#### Board Membership

President - Bill Werthmann rgcl.president@gmail.com
Vice President -Vacant rgcl.vicepresident@gmail.com
Secretary - Katie Ruegg rgcl.secretary@gmail.com
Treasurer - John Gawlinski rgcl.treasurer@gmail.com
Membership Director - Reg Wiebe rgcl.membership@gmail.com
Events Director - Julie Tinker rgcl.events@gmail.com
Communications - Brett Lambert rgcl.communicationsdirector@gmail.com
Casino Director - Vacant rgcl.casinocoordinator@gmail.com
Community Garden Director - Betty jo Werthmann rgcl.garden@gmail.com

#### Directors at Large

Gaylene Belsek Stacey Bootsman Stacy Elliott Jacki Flaata Dana Garner Chase Gingles

Feiyan Lu

Heather Riddell

Check out our new website at www.royalgardenscommunity.ca

Keep an eye on our Street Sign in front of the hall for new messages

Follow us on Facebook and the NextDoor app ......See you around the 'hood!

This **RGCL** Newsletter made possible in part by.....



Edmonton's longest continuously running folk club. Dedicated to the artists, who leave it all on our stage, and our audiences, who give everything back .

Visit www.northernlightsfc.ca or call 780 288 8111 for more info.