



Fall 2023

President's Message

My name is **Chase Gingles** and I took over as President of the Royal Gardens Community League in April. I have been involved with the league since 2018 as a Director and former Vice President. I would like to start by thanking all of the Directors and Volunteers that have supported our organization over the last 50+ years. Without their dedication we would not have an organization or facility in our community that enables us to focus on building a community through the events, programs and opportunities we provide.

I would like to contribute to our organization by growing our membership and offering engagement programming. We would welcome all new and former members to participate in our activities this year and engage with us to make sure we are meeting your needs. If you have an idea for an event or program we would like to hear from you. As volunteers we all pursue the projects that we are passionate about so if you have a passion please share it with our community.

Some members of our community recently took it upon themselves to organize block parties for their neighbours. These wonderful events provided an opportunity for neighbours to share good food and company with each other. It gave new members an opportunity to meet their neighbours and long time residents an opportunity to reconnect. Block parties are a great example of small things we can do to be involved in our community and if you are interested in learning more or organizing your own block party please reach out to us for support. **No Frills** has been a great sponsor and provided food, supplies and equipment (Thank you Matt and Ashley!) I look forward to seeing what we can all accomplish and in building a community we are happy to call home. See you at our next event or one of our community movies.

Chase Gingles (rgcl.president@gmail.com)

Community League Day

The **Royal Gardens Community League Day** is taking place on **Sunday September 24, 2023**, from 1-5pm in **Royal Gardens Park** (4030—117 Street).

We have some fun activities planned! Chow down on free BBQ'd hotdogs while you listen to live music. Bring the kids to jump on a bouncy castle, do a craft project or participate in one of the main demonstrations from our instructors.

2023/2024 Community league memberships will be available for purchase.

Family Movie Matinee Coming to RGCL Hall!

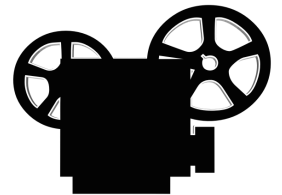
Starting in October we will be hosting a monthly family movie in the large hall. Join us for free popcorn, movies and good company. **Movie titles to be confirmed.**

When: The 2nd Sunday of every month from 3:00 - 5:00 PM (October 08, November 12, December 10, January 14, February 11, etc)

Where: Royal Gardens Community League Hall 4030 117 Street NW

Cost: FREE

Movie snacks will be available for purchase on site or bring your own from home. Doors open at 2:30 PM. Check our website (www.royalgardenscommunity.ca) or Social Media when more details are confirmed.



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Ladies Fitness Classes Are Back!

Regular exercise promotes physical and mental health and well-being. When offered in a welcoming, non-competitive environment, with excellent instruction and great music, it's a recipe for success!

Fall Session 2022: September 11 to December 1 at RGCL building (4030-117 Street)

- **Cardio & Strength**

Mondays, Wednesdays & Fridays at 9 to 10 AM

- **Low Impact Aerobics Using Chair**

Mondays, Wednesdays, and Friday at 10:15 to 11:15 AM

Fee for the 12-week sessions (cheque or cash)

\$80—one class per week

\$100—two classes per week

\$120—three or more classes per week

For the three or more classes option you may take the aerobic class first and then attend the Low Impact Fitness Class that follows.

NOTE:

- Registration and fee payment takes place during the first week weeks of classes (September 11 to 22)
- A current Community League membership needs to be provided at the time of registration.

If you are new to these programs and would like to try a class before committing, you're welcome to observe/participate in one *free* class of your choice.

There is a \$10 drop in fee for those who just want to attend once in a while. **Questions? Contact Sharon Bruce** at rsbruce@shaw.ca.

Community League Swim Day

We are pleased to announce our popular swim days will continue for the 2023-24 year. **Swim times will be every Saturday and Sunday from 4:00 to 5:30 pm at the Confederation Leisure Centre (11204 43 Avenue).**

A current membership with Royal Gardens Community League is needed in order to participate.

Makers Market YEG Returns in November

Save the date for our 3rd annual Makers Market YEG on **November 17 (4 to 8 PM)** and **November 18 (10 AM to 3 PM)** at the **Community Hall (4030-117 Street)**.

Our goal is to support a variety of local, handcrafted artisan makers. Whether you come for some holiday shopping, a day out with friends, or to pick up something special for yourself, there will be something for everyone! Vendor applications being accepted September 1 to 29, 2023. Go to RGCL website to apply.

Become a Community League Member!

Have you got your Community League membership for the 2023-24 year? **Membership rates are \$30 for a family membership and \$20 for an individual** and are good from September 2023 to August 2024.

Becoming a member affords you a number of amenities, including community swim times, admission discounts at City of Edmonton fitness centres, reduced rental rates at our community hall, discounts to Sportball, and more!

To join our renew your membership, e-mail rgcl.memberships@gmail.com or visit <https://efcl.org/membership-purchase> (additional \$5 fee applies).

Ice Maker Needed!

We are looking for proposals for 2023/2024 ice makers. If you are interested in this **paid position**, which starts in November 2023 until March 2024 (weather dependent), please contact rgcl.president@gmail.com and include your contact information, any prior ice making experience, and availability.

Community Garden News

A Community Garden is a group of people coming together to nurture, develop, and sustain a growing space in their community. In this garden, everyone pays a fee to participate and share in the work all season.

The Royal Gardens Community Garden was established in 2019. We have 20 boxes for rent each year. We do maintain a waiting list with preference going to members of our community. Usually a person only has to wait one year before getting a box.

This year we had 10 gardeners return from last year. Our 2023 goal was to provide learning opportunities and to get to know one another. We had a number of events this year including orientation in May, a talk about bees and their benefits in June, a talk about bugs in the garden in July, and finally a discussion on composting in August.

To add your name to our waitlist for next year or to get information about the events we host, please send an email to rgcl.garden@gmail.com



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Call for Volunteers!

Volunteers are the heart of our community league!

They have helped to make our community events welcoming and successful. Upcoming opportunities include:

- Community League Day, September 24th
- October membership drive
- Family Movie events (2-3 hours, 2nd Sunday of the month)
- Winter Makers Market, November 17th and 18th (set-up TBD, take down on Saturday, 3-4 PM)
- Delivery of these very newsletters

Contact rgcl.volunteer@gmail.com if you are able to help. Please include your name, phone number, and event(s) you are interested in helping with.

Scouts Meetings

The 59th Edmonton Scouts and Beavers will continue to meet in our community, including the Royal Gardens community hall on Tuesday and Wednesday evenings. Check their website (<https://www.59thedmontonscouts.com>) for more information.

Little Aspen Playschool in Royal Gardens

Little Aspen Playschool has moved to Royal Gardens Community League. Play based learning with experienced teachers! There are still spots remaining for some classes. Please see our website (<https://littleaspenplayschool.com>) for details and registration.

Thank you to our Sponsors!

Our community is only as strong as those who support us so our Board of Directors would like to recognize the volunteers who have supported us.

All the volunteers who did a shift (or two) at our casino on July 20 and 21. Their support at our largest fundraising event ensures we have the funds to host events, programs, and fix our hall when it breaks.

Local businesses who support us throughout the year, but especially at our annual Community League Day event to create a feeling of belonging. This year we would like to thank the following businesses for their contributions: **Roma Pizza and Donair, Dollarama, Stone Wheel & Pizzeria, Mimi's Pub, ATCO, Northern Lights Folk Club, Aspen Drug Mart, Matt & Ashley's No Frills.**

Sportball Classes Available

After the success of our Sportball camps this summer, we would like to announce Sportball classes on Thursdays and Saturdays. Check out our website (<https://www.sportball.ca/edmonton>) for more information. Discounts are available for community league members. Contact rgcl.programs@gmail.com for your discount code.

Karate Classes Available

We are excited to announce a new partnership with **Kaizen Dojo**. Karate classes will be offered Thursday evenings starting at 6 PM. Family and Adult classes are available at \$30 a month per student. Discounts available for members from the same household. Email rgcl.programs@gmail.com for more information.

Bring Back the Boulevard!

Sadly, some of the landscaping on our green space has not gone according to plan. Happily, many community members have put effort into tidying up sections near their houses along the length of the boulevard and some have even shared abundance from their own gardens by transplanting flowers and plants to areas around 43 Avenue and 114 & 115 Street.

Thank you to Clair, Ryan, Barb, Yvonne, Kyle, Roseanna, Marion, Judy, Liz, Heather, Paul, Derrick, Lorraine, Achina, and Rishabh. We have seen others working hard, but don't know your name — please contact us at rgcl.volunteer@gmail.com so we can extend an invitation to our next Volunteer Appreciation Night.



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